

3

# Ways Cookies Brighten a Teacher's Day

## 1. Instant Mood Booster

Cookies bring the 3 S's: sugar, smiles, and stress relief—especially for teachers juggling 30 kids day in and day out. Science backs it up: sugar sparks dopamine, lifting mood and morale. A surprise cookie delivery could be the unexpected bright spot needed in the daily grind, with cookies ready to melt the teacher's stress away.



## 2. A Universal Treat

Unlike a mug (trust us, teachers have a stockpile) or a scented candle (the most re-gifted present ever given), cookies are a win. After all, they're consumable—delicious and zero-clutter. Whether the teacher shares them with the family or the faculty or enjoys them alone, thank-you teacher cookies offer a warm, comforting moment on a busy day.

## 3. The Science of Feeling Valued

Did you know that workplace appreciation can increase job satisfaction? Teachers are no exception. That appreciation often even makes employees want to work harder. A surprise cookie gift can be a simple but powerful way to remind teachers their hard work isn't going unnoticed. Boosting morale doesn't have to be a grand gesture all the time—just something thoughtful.

